

ULCERATIVE COLITIS

Find Relief for Your Symptoms

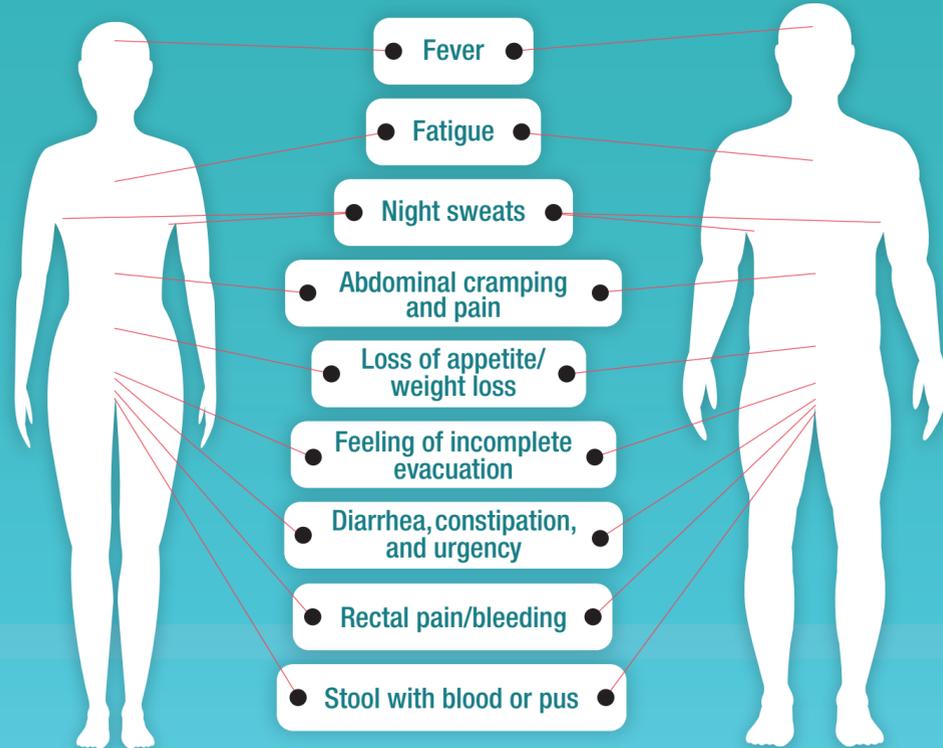
Ulcerative colitis (UC) is a commonly known form of Inflammatory Bowel Disease (IBD). IBD affects an estimated 1.6 million Americans. UC is a chronic condition caused by the body's immune system mistakenly attacking the cells of the digestive tract causing inflammation in the inner lining of the large intestine. The inflammation leads to lesions, sores or ulcers in the wall of the large intestine (the colon and rectum).



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COMMON SYMPTOMS OF UC



UNUSUAL SYMPTOMS OF UC

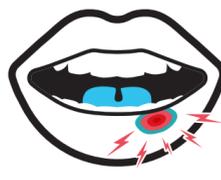
Ulcerative colitis affects the colon and rectum, but symptoms can appear in unusual places.



Skin rashes and ulcers



Joint pain and arthritis



Mouth Sores

Imaging Tests



Including Barium Enema, MRI or CT Scan

Colonoscopy



Visual exam of the colon and rectal tissue

TYPES of TESTING

Used to Accurately Diagnose UC

Blood Tests



Checks for inflammation markers or anemia

Stool Tests



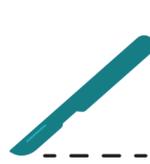
Checks for intestinal infection

TREATING ULCERATIVE COLITIS



Reduce Stress

Currently, treatment of ulcerative colitis is aimed at reducing inflammation in the colon. The benefits of this approach can include a reduction in troublesome symptoms and a reduction in potentially devastating complications of the disease. The role of diet and physical activity as well as a medication plan, as outlined by your gastroenterologist, are important to promote health in ulcerative colitis.



Surgery



Medications

Anti-inflammatories, Antibiotics, Steroids, Biologics



Diet and Nutrition



Condition Management

Talk with your Gastroenterologist

Vigilant management of the disease in partnership with your gastroenterologist is the best way to keep ulcerative colitis in check, helping delay disease progression and avoid surgical intervention where possible.



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