

SUTAB® Colonoscopy Preparation

Purchase the Following Products:

1. SUTAB bowel prep (24 tablets)

IF YOU ARE TO BE SEDATED, A RESPONSIBLE DRIVER MUST REMAIN IN THE FACILITY THROUGHOUT YOUR APPOINTMENT. (~2 hours total). NO EXCEPTIONS.

Please read all instructions thoroughly.

If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

The Day BEFORE Your Exam:

- **STOP** all solid foods. NO SOLID FOOD until after your exam.
- Drink only CLEAR liquids throughout the day and evening. **Clear liquids include:** Water, sports drinks, black coffee, tea, any soda (light or dark), broth, Jell-O, popsicles, and juice without pulp. **NOTHING RED OR PURPLE.**
 1. **At 5:00 PM prepare 12 tablets** and fill the provided container with **16 oz of water.**
 2. **DO NOT take other oral medications within 1 hour of starting SUTAB**
 3. Begin taking the tablets one at a time, with a **sip of water every 1-2 minutes.** Finish the 12 tablets and container of water over 15-25 minutes.
 4. **1 hour after last tablet, drink 16 oz of water** over the next 30 minutes.
 5. **30 minutes after second container of liquid, drink 16 oz of water** over the next 30 minutes.
- Continue to drink clear liquids only throughout the evening.
- A soothing ointment (Desitin, Vaseline) may be applied to the anal area to prevent discomfort and skin breakdown.

The Day Of Your Exam:

- **Five (5) hours** before your arrival time, repeat **steps 2 through 5** above.
- Bowel movements should be very watery and yellow or green in color. **CALL US IF STOOLS ARE STILL BROWN!**
- **NOTHING BY MOUTH FOR 2 HOURS BEFORE YOU ARRIVE! (This includes water, gum and mints. NOTHING by mouth.)**

*****NOTICE: OUR OFFICE MAY CALL THE DAY PRIOR TO ADJUST YOUR ARRIVAL TIME AS WE FINALIZE THE CENTER'S SCHEDULE.*****

Medications:

- **Follow the medication instructions** during the prep. **The day of your procedure, take all your regularly prescribed medications** at least two (2) hours before you arrive.

Diabetics:

- Test your blood sugar before coming in for your procedure and bring the reading with you.
- If you take oral medication or insulin, **DO NOT** take it the morning of your procedure..
- Please contact the physician that manages your diabetic care if you have any questions regarding your oral medication or insulin dosages.

Blood Thinners:

- If you are taking blood thinners, call your prescribing physician and ask if you may stop taking the medication for the required amount of time prior to your procedure.
- You may continue taking aspirin, ibuprofen and other anti-inflammatory medications.

Bring with you:

- **Your inhaler, if you use one**
- **Your insulin, if you use it**
- **If you did NOT use online registration, bring completed registration forms,**
- **Photo ID and Insurance Card**
- **List of all medications, vitamins and supplements you are taking (include dosage and last date and time each medication was taken before your arrival)**

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Find Additional Information and Instructions on Our Website

www.GranitePeaksGI.com

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