

EGD Prep Instructions for Patients Taking GLP-1 Agonist Medications

7 Days BEFORE Your Procedure:

- **PATIENTS CURRENTLY TAKING A GLP-1 RECEPTOR AGONIST FOR DIABETES OR WEIGHT LOSS** such as Ozempic®, Semaglutide, Mounjaro®, Wegovy®, Rybelsus®, Trulicity®, Victoza® or similar compounded or generic medication, should **contact your prescribing physician for instructions** to safely stop the medication at least 7 days prior to your procedure. **For your safety, your procedure will be rescheduled if these medications are taken within 7 days of your scheduled appointment.**

The Day BEFORE Your Procedure:

NOTICE: OUR OFFICE MAY CALL THE DAY PRIOR TO ADJUST YOUR ARRIVAL TIME AS WE FINALIZE THE CENTER'S SCHEDULE.

- **NO BREAKFAST. STOP ALL SOLID FOODS.** No solids, dairy, or alcoholic beverages until after your procedure.
- **DRINK at least 8 glasses (64 oz) of CLEAR liquids** throughout the day and evening.
- **CLEAR LIQUIDS (NOTHING RED OR PURPLE):**

Water	Sports Drinks,	Black Coffee
Tea	Soda (light or dark)	Broth
Gelatin	Juice (no pulp)	Popsicles

Procedure Day:

- You may continue drinking clear liquids until 2 hours prior to arrival.
- Take your regularly prescribed medications at least two (2) hours before your arrival time. (Except blood thinners or diabetic/weight loss medication as described here).
- **NOTHING BY MOUTH for 2 hours before your arrival time - no water, mints or gum.**
- **BRING WITH YOU:**
 - **Photo ID and Insurance Card**
 - Your inhaler, if you use one.
 - Your insulin, if you use it.
 - **List of all medications**, vitamins and supplements you are taking (include dosage and last date/time taken).
 - Wear a short-sleeved shirt. **Leave valuables and phone/devices at home or with your driver.**

IMPORTANT INFORMATION

Please call us with any questions at 801-619-1115

DIABETICS-INSULIN

- Please contact the prescribing physician for diabetic care if you have any questions regarding your oral medication or insulin dosages.
- If you take oral diabetic medication or insulin, **DO NOT** take it the morning of your procedure.
- Test your blood sugar before coming in for your procedure and bring the reading with you.

BLOOD THINNERS

- **If you are taking blood thinners, call your prescribing physician** and ask if it is safe for you to stop taking the medication prior to your procedure.
- You may continue taking aspirin, ibuprofen and other anti-inflammatory medications.

THIS IS A SEDATED PROCEDURE. A RESPONSIBLE DRIVER MUST REMAIN IN THE FACILITY THROUGHOUT YOUR APPOINTMENT. (90-120 minutes total). NO EXCEPTIONS.

Find Additional Information and Instructions on Our Website

www.GranitePeaksGI.com