

EGD/ERCP Prep Instructions

Patients taking Ozempic®, Semaglutide, Mounjaro®, Wegovy®, Rybelsus®, Trulicity®, Victoza® or similar generic medications for diabetes or weight reduction should call our clinic at 801-619-1115 for additional instructions. You will need different preparation instructions for your procedure.

NOTICE: OUR OFFICE MAY CALL THE DAY PRIOR TO ADJUST YOUR ARRIVAL TIME AS WE FINALIZE THE CENTER'S SCHEDULE.

The Night BEFORE Your Procedure

- Stop eating all solid food by Midnight (12:00AM)

Procedure Day

- Take your regularly prescribed medications (Except blood thinners or diabetic/weight loss medication as described).
- You may continue drinking **CLEAR LIQUIDS** until 2 hours prior to arrival (NOTHING RED OR PURPLE):

Water	Sports Drinks	Black Coffee/Tea	Soda (light or dark)
Broth	Gelatin	Juice (no pulp)	Popsicles
- **NOTHING BY MOUTH** for 2 hours before your arrival time - no water, mints or gum.

THIS IS A SEDATED PROCEDURE. A RESPONSIBLE DRIVER MUST REMAIN IN THE FACILITY THROUGHOUT YOUR APPOINTMENT. (90-120 minutes total). NO EXCEPTIONS.

Important Information:

DIABETICS-INSULIN

- Do not take oral diabetic medication or insulin the day of your procedure.
- If you take any of the medications noted above for diabetes or weight loss, talk to your prescribing doctor for instructions to safely **STOP the medication at least 7 days prior to your procedure.**
- Monitor blood sugar levels while off medication. Adjust insulin accordingly.

BLOOD THINNERS

- If you are taking prescription blood thinners, call the prescribing physician to ask if you may stop the medication for the time required prior to your procedure.
- You may continue taking ibuprofen, aspirin and similar over-the-counter medications until the day before your procedure. **DO NOT** take them on procedure day.

BRING WITH YOU:

- Leave valuables and phone/devices at home or with your driver
- Photo ID and Insurance Card
- Your inhaler, if you use one
- Your blood sugar reading and insulin, if you use it
- List of all medications, vitamins and supplements (include dosage and last date/time taken before your arrival)
- Wear a short-sleeved shirt

Find Additional Information and Instructions on Our Website

www.GranitePeaksGI.com