

EGD/ERCP Prep Instructions for Patients Taking GLP-1 Agonist Medications

**7
Days
BEFORE
Procedure**

Patients taking Ozempic®, Semaglutide, Mounjaro®, Wegovy®, Rybelsus®, Trulicity®, Victoza® or similar generic medications for diabetes or weight reduction will **STOP** these at least 7 days prior to your procedure. **This should be done under the direction of your prescribing physician.** For your safety, your procedure will be rescheduled if these are taken within 7 days of your procedure.

NOTICE: OUR OFFICE MAY CALL THE DAY PRIOR TO ADJUST YOUR ARRIVAL TIME AS WE FINALIZE THE CENTER'S SCHEDULE.

**The Day
BEFORE
Your
Procedure:**

- **NO BREAKFAST. STOP ALL SOLID FOODS.** No solids, dairy, or alcoholic beverages until after your procedure.
- **DRINK** at least **8 glasses (64 oz)** of CLEAR liquids throughout the day and evening.
- **CLEAR LIQUIDS (NOTHING RED OR PURPLE):**

Water
Broth

Sports Drinks
Gelatin

Black Coffee/Tea
Juice (no pulp)

Soda (light or dark)
Popsicles

**Procedure
Day:**

- **Take your regularly prescribed medications** (Except blood thinners or diabetic/weight loss medication as described).
- You may continue drinking clear liquids until two (2) hours prior to arrival time.
- **NOTHING BY MOUTH** for 2 hours before your arrival time - no water, mints or gum.

THIS IS A SEDATED PROCEDURE. A RESPONSIBLE DRIVER MUST REMAIN IN THE FACILITY THROUGHOUT YOUR APPOINTMENT. (90-120 minutes total). NO EXCEPTIONS.

Important Information:

DIABETICS-INSULIN

- Do not take oral diabetic medication or insulin the day of your procedure.
- If you take any of the medications noted above for diabetes or weight loss, talk to your prescribing doctor for instructions to safely **STOP the medication at least 7 days prior to your procedure.**
- Monitor blood sugar levels while off medication. Adjust insulin accordingly.

BLOOD THINNERS

- If you are taking prescription blood thinners, call the prescribing physician to ask if you may stop the medication for the time required prior to your procedure.
- You may continue taking ibuprofen, aspirin and similar medications until the day before your procedure. **DO NOT** take them on procedure day.

BRING WITH YOU:

- Leave valuables and phone/devices at home or with your driver
- Photo ID and Insurance Card
- Your inhaler, if you use one
- Diabetics: blood sugar reading and insulin, if you use it
- List of all medications, vitamins and supplements you are taking (include dosage and last date/time taken)
- Wear a short-sleeved shirt

Find Additional Information and Instructions on Our Website

www.GranitePeaksGI.com