

# CROHN'S DISEASE

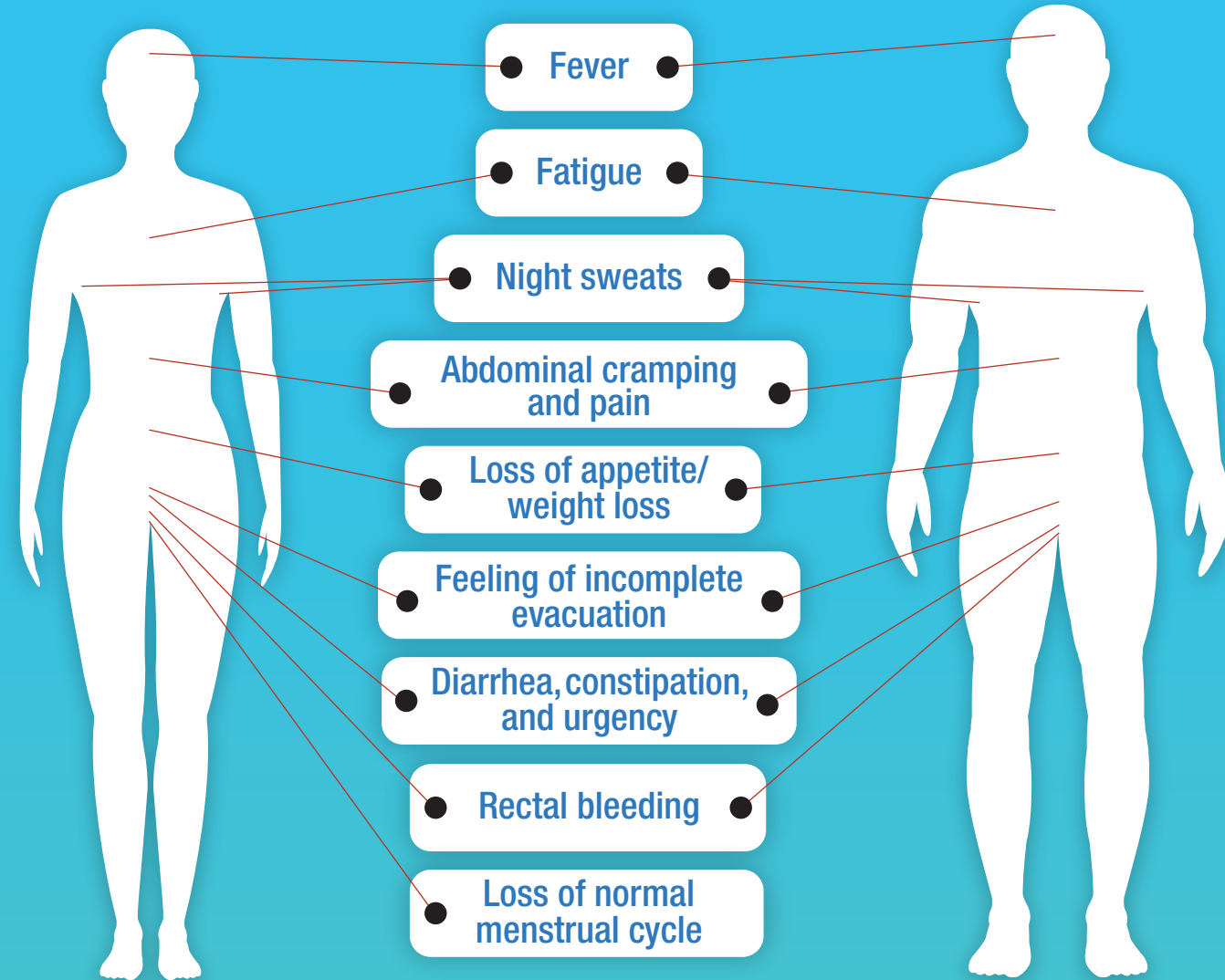
Find Relief for Your Symptoms

Crohn's disease (CD) is a commonly known form of chronic Inflammatory Bowel Disease (IBD). Affecting an estimated 1.6 million Americans, CD is usually diagnosed in individuals ages 15 to 35. CD often affects the small intestine (ileum), but it can attack any area of the digestive system from the mouth to the anus. It can affect every layer of the intestinal wall and can be in multiple locations of the digestive system at once.



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## COMMON SYMPTOMS OF CROHN'S



## UNUSUAL SYMPTOMS OF CROHN'S



## TYPES of TESTING

Used to Accurately Diagnose CD

### Imaging Tests

Including Barium Enema, MRI or CT Scan

### Colonoscopy

Visual exam of the colon and rectal tissue

### Blood Tests

Checks for inflammation markers or anemia

### Stool Tests

Checks for blood or inflammation

### Capsule Endoscopy

Recorded exam of small intestine

## TREATING CROHN'S DISEASE

### Reduce Stress

Currently, there is no "cure" for Crohn's disease. Helping patients live as normally as possible is the goal of Crohn's disease treatment. Keeping symptoms under control, preventing infection, making dietary adjustments to support adequate nutrition, and medication, as appropriate, are all part of an ongoing CD treatment plan. Unfortunately, it is possible some patients will eventually have surgery to treat irreparably damaged tissue. Our gastroenterologists work hard to delay that result.

### Surgery

### Medications

Anti-inflammatories, Antibiotics, Steroids, Biologics

### Diet and Nutrition

## Condition Management

Talk with your Gastroenterologist

Vigilant management of the disease with your gastroenterologist is the best way to keep the symptoms of Crohn's disease in check and delay disease progression.



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801.619.9000 • 1393 E Seego Lily Drive • Sandy, Utah 84092  
3000 North Triumph Blvd. Suite 250 • Lehi, Utah 84043