

## EGD-Bravo™ Prep Instructions for Patients Taking GLP-1 Agonist Medications

### 7 Days BEFORE Your Procedure

- **STOP All PPIs** - stop proton pump inhibitors (PPI) such as pantoprazole (Protonix®), omeprazole (Prilosec®, Zegerid®), rabeprazole (AcipHex®), or lansoprazole (Prevacid®).
- **If you are taking Ozempic®, Moujaro®, Rybelsus®, Trulicity®, Victoza® or similar generic medications for diabetes or weight reduction** stop these at least 7 days prior to your procedure. **This should be done under the direction of your prescribing physician.** For your safety, your procedure will be rescheduled if any of these are taken within 7 days of your procedure.
- **WATCH the Bravo video** on our website for important information about your test.

### 3 Days BEFORE Your Procedure

- **STOP H2 blockers** such as ranitidine (Zantac®), cimetidine (Tagamet®), famotidine (Pepcid®, Fluxid®), nizatidine (Axid®) or Prilosec®.

**NOTICE: OUR OFFICE MAY CALL THE DAY PRIOR TO ADJUST YOUR ARRIVAL TIME AS WE FINALIZE THE CENTER'S SCHEDULE.**

### The Day BEFORE Your Procedure

- **STOP taking over-the-counter antacids of any kind.**
- **NO BREAKFAST. STOP ALL SOLID FOODS.** No solids, dairy, or alcoholic beverages until after your procedure.
- **DRINK at least 8 glasses (64 oz) of CLEAR liquids** throughout the day and evening.
- **CLEAR LIQUIDS (NOTHING RED OR PURPLE):**

Water	Sports Drinks,	Black Coffee
Tea	Soda (light or dark)	Broth

### Procedure Day

- You may continue drinking clear liquids until 2 hours prior to arrival.
- **DO NOT** take acid reducing medications, blood thinners or diabetic/weight loss medication.
- Take your other regularly prescribed medications at least two (2) hours before your arrival time.
- **NOTHING BY MOUTH for 2 hours before your arrival time - no water, mints or gum.**

**THIS IS A SEDATED PROCEDURE. A RESPONSIBLE DRIVER MUST REMAIN IN THE FACILITY THROUGHOUT YOUR APPOINTMENT. (90-120 minutes total). NO EXCEPTIONS.**

Find Additional Information and Instructions on Our Website  
[www.GranitePeaksGI.com](http://www.GranitePeaksGI.com)

## IMPORTANT INFORMATION

*Please call us with any questions at 801-619-1115*

### MEDICATIONS

- Take your regularly prescribed medications at least two (2) hours before you arrive. (Except blood thinners or diabetic/weight loss medication as described here).

### DIABETICS INSULIN or ORAL MEDS

- **Please contact your prescribing physician** for diabetic care if you have any questions regarding your oral medication or insulin dosages.
- Test your blood sugar before coming in for your procedure and bring the reading with you.

### DIABETICS/ WEIGHT LOSS PATIENTS - Semaglutide, GLP-1 Receptor Agonists

- **If you take any of these medications for diabetes or weight loss**, talk to your prescribing doctor for instructions to safely **STOP the medication at least 7 days prior to your procedure.**
- Examples: Ozempic<sup>®</sup>, Rybelsus<sup>®</sup>, Mounjaro<sup>®</sup>, Wegovy<sup>®</sup>, Trulicity<sup>®</sup>, Victoza<sup>®</sup> or similar compounded or generic medication.
- Monitor your blood sugar levels while off the medication. Adjust insulin accordingly.

### BLOOD THINNERS

- If you are taking blood thinners, call your prescribing physician and ask if you may stop taking the medication for the required amount of time prior to your procedure.
- You may continue taking aspirin, ibuprofen and other anti-inflammatory medications.

### BRING WITH YOU

- **Leave valuables and phone/devices at home or with your driver**
- **Photo ID and Insurance Card**
- Your inhaler, if you use one
- Your insulin, if you use it
- List of all medications, vitamins and supplements you are taking (include dosage and last date and time each medication was taken before your arrival)
- Wear a short-sleeved shirt