



PATIENT HEALTH HISTORY

Appointment Date \_\_\_\_\_

Patient name: \_\_\_\_\_ Preferred name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Primary physician: \_\_\_\_\_ Referring physician: \_\_\_\_\_

Pharmacy name and location: \_\_\_\_\_

May we contact your pharmacy for a list of medications?  Yes  No

This questionnaire will become a confidential part of your medical record. If you do not want to answer a question, discuss it privately with your doctor.

REASON FOR VISIT (please briefly explain the reason for your visit)

\_\_\_\_\_

MEDICATIONS AND ALLERGIES (If additional room is needed, please attach a separate piece of paper)

List all medications and dosages you are currently taking in addition to all over-the-counter medications, vitamins, and herbs:

MEDICATION	DOSE	FREQUENCY	LAST TIME TAKEN
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

ALLERGIES:  None  Latex  Iodine  Foods  Medications / Other \_\_\_\_\_

PATIENT MEDICAL HISTORY (please check conditions you have a history of)

<input type="checkbox"/> Diabetes – Type?	<input type="checkbox"/> Headache/Migraine	<input type="checkbox"/> Colitis or Crohn's
<input type="checkbox"/> Thyroid disease	<input type="checkbox"/> Tuberculosis / TB	<input type="checkbox"/> Hemorrhoids
<input type="checkbox"/> Heart Problems (Murmur, Angina, Heart Attack, Valve replacement, Irregular Heartbeat, Ankle Swelling, EKG changes)	<input type="checkbox"/> Sleep apnea	<input type="checkbox"/> Other Bowel Problems?
<input type="checkbox"/> Blood clots / Bleeding tendency	<input type="checkbox"/> Hepatitis / Liver disease	<input type="checkbox"/> Back / Neck Trouble
<input type="checkbox"/> High Blood Pressure / Hypertension	<input type="checkbox"/> Kidney / Prostate / Bladder Problems	<input type="checkbox"/> TMJ
<input type="checkbox"/> Stroke	<input type="checkbox"/> Dysphagia	<input type="checkbox"/> Arthritis
<input type="checkbox"/> Seizure	<input type="checkbox"/> Reflux or GERD	<input type="checkbox"/> Muscle Disorders / Fibromyalgia
<input type="checkbox"/> Neurological Problems (Numbness)	<input type="checkbox"/> Ulcer / Hiatal or Abdominal Hernia	<input type="checkbox"/> Cancer – Type: _____
<input type="checkbox"/> Lung Problems (Asthma, Emphysema, COPD, pneumonia)	<input type="checkbox"/> Other Stomach Problems?	<input type="checkbox"/> Psychiatric (Depression, anxiety, memory loss)
	<input type="checkbox"/> Diverticular disease	<input type="checkbox"/> Skin Problems (Eczema, fragile)
	<input type="checkbox"/> Irritable Bowel Syndrome	<input type="checkbox"/> Other: _____

Any illness, Cold, Cough or Fever within last week?  No  Yes If yes, what? \_\_\_\_\_

Women: Is there a possibility you are pregnant?  No  Yes Last menstrual period: \_\_\_\_\_

PATIENT SURGICAL HISTORY (please list approximate date)

No surgical history

Appendectomy \_\_\_\_\_  Colectomy \_\_\_\_\_  Small bowel resection \_\_\_\_\_  Gallbladder \_\_\_\_\_  
 Gastric Bypass \_\_\_\_\_  Hysterectomy \_\_\_\_\_  Hernia/Reflux repair \_\_\_\_\_  Cesarean Section \_\_\_\_\_

Other surgeries: \_\_\_\_\_

Check if you have had a bad reaction to anesthesia:  No  Yes Explain \_\_\_\_\_

Has a blood relative had a bad reaction to anesthesia:  No  Yes Explain \_\_\_\_\_

PROCEDURE (for Colonoscopy and Endoscopy procedures only)

Please list the responsible party staying within the building through the duration of the procedure and contact information:

Name and relationship: \_\_\_\_\_ Telephone: \_\_\_\_\_

Would you like to discuss any concerns or fears regarding this procedure or have special needs or requests?  No  Yes

SOCIAL HISTORY

Do you have:  Durable Power of Attorney  Living Will  Medical Treatment Plan  Organ Donor Card  
What is your tobacco status?  Never  Current Average use \_\_\_\_\_  Quit Age Stopped \_\_\_\_\_  
Do you consume alcohol?  Never  Current Average use \_\_\_\_\_  Quit Age Stopped \_\_\_\_\_  
Have you ever used recreational / IV drugs?  No  Yes  
Do you have a history of addiction?  No  Yes  
Do you have:  Braces  Bridges  Capped Teeth  Chipped Teeth  False Teeth  Loose Teeth  Retainers

Please turn the page for additional information

Patient name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

**SOCIAL HISTORY (CONTINUED)**

Do you have any children?  No  Yes If yes, how many? \_\_\_\_\_  
Do you have any tattoo(s)?  No  Yes  
Have you ever received a blood transfusion?  No  Yes  
Do you consume caffeine?  No  Yes  
Marital status:  Single  Married  Divorced  Widowed

What is your occupation? \_\_\_\_\_

**RECENT SCREENINGS (please list approximate date)**

If applicable, what year was your last colonoscopy? \_\_\_\_\_ Where? \_\_\_\_\_  
If applicable, what year was your last mammogram? \_\_\_\_\_  
If applicable, what year was your last bone density scan? \_\_\_\_\_  
If applicable, what year was your last pneumonia vaccine? \_\_\_\_\_  
When was your last flu vaccine? \_\_\_\_\_

**FAMILY HISTORY**

Please list any **family members** diagnosed with the following conditions and at what age:

**Father:** Living? Y / N Cause of death \_\_\_\_\_ **Mother:** Living? Y / N Cause of death \_\_\_\_\_  Adopted  
 Colon polyps \_\_\_\_\_  Cancer (colon) \_\_\_\_\_  
 Ulcerative Colitis/Crohn's \_\_\_\_\_  Cancer (other) \_\_\_\_\_

**GENERAL MEDICAL CONDITIONS (please check yes for any additional conditions you are experiencing)**

**Constitutional:**

**Yes**

- Weight Gain
- Fevers
- Night sweats
- Weight Loss
- Fatigue

**Head and Neck:**

**Yes**

- Hearing deficit
- Double vision
- Vision loss

**Respiratory/Lungs:**

**Yes**

- Difficulty breathing
- Frequent cough

**Cardiovascular:**

**Yes**

- Chest pain
- Palpitations

**Other conditions not specified:** \_\_\_\_\_

**Gastrointestinal:**

**Yes**

- Abdominal pain
- Blood in the stools
- Change in bowel habits
- Constipation
- Diarrhea
- Difficulty swallowing
- Heartburn
- Vomiting blood
- Hemorrhoids
- Jaundice
- Loss of appetite
- Mucus in stool
- Nausea
- Reflux
- Vomiting

**Kidney/Bladder:**

**Yes**

- Blood in urine
- Urinary frequency

**Metabolic/Endocrine:**

**Yes**

- Cold intolerance
- Excessive thirst
- Heat intolerance

**Neurological:**

**Yes**

- Dizziness
- Headache
- Numbness
- Tremors
- Vertigo

**Psychiatric:**

**Yes**

- Anxiety
- Depression
- Increased stress

**Skin/Hair:**

**Yes**

- Hives
- Itching skin
- Rash

**Musculoskeletal:**

**Yes**

- Back pain
- Joint pain

**Hematologic:**

**Yes**

- Anemia
- Easy bleeding
- Easy bruising

**Immunologic:**

**Yes**

- Asthma
- Food allergies
- Immunosuppression
- Seasonal allergies

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient or Legal Guardian Signature

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date Reviewed